

# Physical Exam for Camp Helen Keller

## TO BE COMPLETED BY LICENSED PHYSICIAN

**Must be submitted on or before May 1<sup>st</sup> of current year. Only this form is accepted; NO Substitutions.**

\*Keep a copy for your records.\*

Examined Name: \_\_\_\_\_ Gender: M \_\_\_ F \_\_\_ DOB \_\_\_/\_\_\_/\_\_\_

Height: \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_ Pulse \_\_\_\_\_ Respiration \_\_\_\_\_

Skin Condition: \_\_\_\_\_

Is this examined person: Please mark which is applicable

Deaf	
Hard of Hearing	
Blind	
Partially sighted	
Both	

Level of hearing Acuity Unaided: Left ear: \_\_\_\_\_ Right Ear: \_\_\_\_\_

Does the examined wear: \_\_\_\_\_ Hearing Aids \_\_\_\_\_ Cochlear \_\_\_\_\_ Both

Which ear is the h/a worn: \_\_\_\_\_ Right \_\_\_\_\_ Left

Which ear is the Cochlear worn: \_\_\_\_\_ Right \_\_\_\_\_ Left

Level of Visual Acuity: Left eye: 20/\_\_\_\_\_uncorrected Right eye: 20/\_\_\_\_\_uncorrected

Left eye: 20/\_\_\_\_\_corrected Right eye: 20/\_\_\_\_\_corrected

Does the examined wear: Glasses: \_\_\_\_\_Yes \_\_\_\_\_No

Contacts: \_\_\_\_\_Yes \_\_\_\_\_No

Uses eye drops? \_\_\_\_\_Yes \_\_\_\_\_No

The examined person is currently under physician care for the following condition(s):

\_\_\_\_\_  
\_\_\_\_\_

Current Treatment(s) to continue at camp: \_\_\_\_\_

\_\_\_\_\_

Are "Standing Orders" suggested for examined? Yes/No. If yes, please attach orders.

Medication/Treatments: All medications must be in properly labeled containers

Medication	Dosage	Time Given	Reason for use

Does examined have diabetes? \_\_\_\_\_Yes \_\_\_\_\_No Type: \_\_\_\_\_

Is the examined on Insulin? \_\_\_\_\_Yes \_\_\_\_\_No Type: \_\_\_\_\_Oral \_\_\_\_\_Inject

Dosage: \_\_\_\_\_ If IM shots are used can person self-inject? Y/N

Any medically prescribed meal plan or diet restrictions \_\_\_\_\_Yes \_\_\_\_\_No

If Yes, describe \_\_\_\_\_

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Does the examined have Asthma? Yes \_\_\_ No \_\_\_ Use an Inhaler? Yes \_\_\_ No \_\_\_ What Type \_\_\_\_\_

Should the examined keep inhaler? Yes \_\_\_ No \_\_\_ OR Inhaler remains in nurse's office? Yes \_\_\_ No \_\_\_

Does the examined have Cerebral Palsy? Yes \_\_\_ No \_\_\_

Does the examined have Muscular Dystrophy? Yes \_\_\_ No \_\_\_

Does the examined have epilepsy/seizure disorder? Yes \_\_\_ No \_\_\_ If Yes, frequency of seizures \_\_\_\_\_  
On Medication Yes \_\_\_ No \_\_\_ Describe on set behavior \_\_\_\_\_

Does the examined have any cognitive/behavioral disabilities? Yes \_\_\_ No \_\_\_ If yes, please describe:  
\_\_\_\_\_

BD \_\_\_ ADD \_\_\_ LD \_\_\_ ADHD \_\_\_ Alzheimer's \_\_\_ MI \_\_\_ Other: \_\_\_\_\_

Does the examined wear false teeth/partial plate? Yes \_\_\_ No \_\_\_

Does the examined use a prosthesis? Yes \_\_\_ No \_\_\_

Does the examined use a Wheelchair \_\_\_ Walker \_\_\_ Crutches \_\_\_ Braces \_\_\_ Other \_\_\_\_\_

Any allergies (food, drugs, plants, insects, etc.)? Yes \_\_\_ No \_\_\_ If Yes, please describe \_\_\_\_\_  
\_\_\_\_\_

Current Treatment if allergic reaction occurs: \_\_\_\_\_  
\_\_\_\_\_

Any additional health information? \_\_\_\_\_  
\_\_\_\_\_

Activities the examined cannot participate in: \_\_\_\_\_

Activities to encourage participation in \_\_\_\_\_

**\*\*\*IMMUNIZATION HISTORY: MANDATORY TO INCLUDE\*\*\***

Tetanus shot for camp (within 10 years) Date last given: \_\_\_/\_\_\_/\_\_\_

TB Test for camp (within 3 years) Date last given: \_\_\_/\_\_\_/\_\_\_ Result: \_\_\_\_\_

Please mark an x by appropriate answer

I have examined the above LIF Helen Keller Camp applicant. In my opinion, the examined applicant is \_\_\_ OR is not \_\_\_ medically fit to participate in an active camp program.

Licensed Physician's Signature: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date exam completed: \_\_\_/\_\_\_/\_\_\_ Examined By: \_\_\_\_\_

Return to:

**Lions of Illinois Foundation**

**Camp Helen Keller**

**700 N Peace Road, Suite B, DeKalb, IL 60115**

**[camplions@lifnd.org](mailto:camplions@lifnd.org) or Fax: 815-748-9087**

**\*\*\*\*\* APPLICATION DEADLINE IS MAY 1<sup>st</sup>\*\*\*\*\***