

**Attached is a donation form and the opportunity to fund one or more hours of training. Together, we can make a difference in the lives of our Adult Low Vision clients.**

**Please return and make checks payable to Lions of Illinois Foundation.**

Club Name \_\_\_\_\_  
Contact Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
E-mail \_\_\_\_\_

**Sponsorship Levels**

- ☐ **Bronze: \$200**    ☐ **Silver: \$400**  
☐ **Gold: \$700**    ☐ **Platinum: \$1,000**

**Other** \_\_\_\_\_

Amount Donated \_\_\_\_\_

**If you would like to place a birdies guess, please fill in your number here:**

\_\_\_\_\_

**Why the Lions Help**

The Lions of Illinois Foundation is a nonprofit organization with members throughout the State of Illinois. Since 1925, the Lions have taken the challenge given to them by Helen Keller. Addressing the Lions at their convention she urged them to become:

**“Knights of the Blind in the Crusade Against Blindness.”**



*Scan here to learn more about LIF.*



**Lions of Illinois Foundation**

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LionsOfIllinoisFoundation.org  
Facebook.com/LIFnd/



**Lions of Illinois Foundation**

*Serving People with Vision and Hearing Needs Since 1974.*

**Adult Low Vision**



**Your Foundation has provided Low Vision services to students throughout Illinois for over 20 years. Now, LIF is bringing these services to Low Vision adults.**

# What is O&M Training?

Orientation and Mobility training focuses on instructing individuals who are blind or low vision with safe and effective travel skills through their environment. Individual O&M specialists can work for schools or government agencies or as private contractors.



**If an Adult were to become blind or severely impaired, there would be no funding through government assistance or private insurance to assist them with everyday living skills, unless they are working toward a vocational goal.**

An O&M specialist provides training designed to develop skills and concepts a blind or visually impaired person needs to travel safely and independently through their environment. O&M training focuses on cues that can be detected by a person who is blind or low vision to allow them to understand their location and how to navigate between familiar locations. O&M training is complex in structure and wide in scope.

Techniques communicated to the trainee vary based on the trainee's life situation. For example, techniques would differ between an individual learning to navigate city streets and a trainee living in a more rural area. Common techniques taught through O&M training include cane travel, locating objects, navigating street crossings, and more.

O&M training costs \$65 per hour, and a minimum 10-15 hours are needed for completion of an initial session.



# Adult Low Vision Partners

Second Sense in Chicago,  
<https://www.second-sense.org/>

Center for Sight & Hearing in Rockford,  
<https://www.cshni.org/>

Lake County Center for Independent Living  
in Mundelein <https://www.lccil.org/>

Educational Center for the Visually  
Impaired in Springfield  
<https://www.edcentervi.org/>

IMPACT Center for Independent Living  
in Alton <https://impactcil.org/>

As the program expands the Foundation will partner with facilities across the state in order to provide the best coverage and easiest access for those we serve. Referrals from our partners typically take place after an initial evaluation by a health care provider or other entity.



Visit [www.lionsofillinoisfoundation.org/vision.html](http://www.lionsofillinoisfoundation.org/vision.html) to watch the Center for Sight & Hearing's video on Orientation and Mobility training.